SECRETS OF TANTRIC PRACTICES

(Yakshini, Bhairav Siddhi)

PART-1

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About the Author

Swami Giriraj embarked on an extraordinary journey ignited by an inner calling for profound discovery. This compelling urge guided him towards a transformative path of self-discovery and spiritual exploration.

Taking a monumental step in this odyssey, Swami Giriraj embraced a new identity, signifying his commitment to delving deeper into spirituality. This pivotal moment birthed the Swami Giriraj Foundation—a sacred space where spirituality converges with scientific inquiry.

Believing in the intricate connection between spirituality and science, Swami Giriraj's transition from the "self" to "Swami Giriraj" signifies a quest for a comprehensive understanding of spiritual realms. His voyage is rich with introspection, personal growth, and an unyielding pursuit of life's deeper meanings.

Through his writing, Swami Giriraj shares profound insights, drawing from personal experiences and contemplations. His aim is to inspire and guide others on their individual spiritual journeys, bridging the gap between spiritual wisdom and scientific rationale.

Welcome

Welcome to the captivating world of "

SECRETS OF TANTRIC PRACTICES

" – a journey into the mystique of Tantra, where ancient wisdom meets modern understanding. In this introductory part, we've just cracked open the door to a realm filled with profound rituals, intriguing symbolism, and transformative teachings.

Imagine Tantra as a hidden treasure chest of spiritual insights, waiting for you to explore its depths. This book is your guide, your key to unlocking the secrets that lie within the heart of Tantric traditions.

But hold on, we're just getting started! This introduction is like the trailer before the main feature. In the upcoming parts, we'll dive into the nitty-gritty, revealing the hows, whys, and wows of Tantric practices. Get ready for a rollercoaster ride of enlightenment, where ancient wisdom meets the curiosity of today's seeker.

So, buckle up, dear reader! The journey into the "Secrets of Tantric Practices" is about to take off, and you're in for an enlightening adventure.

Happy reading!

Swami Giriraj.

Dear Readers,

Welcome to "Secrets of Tantric Practices" – an exploration into the profound world of Tantra. In this introductory part, I've laid the foundation, providing glimpses into the rich tapestry of Tantric traditions, practices, and their cultural significance.

As we embark on this journey together, I assure you that the subsequent parts of the book will delve deeper into the intricacies of Tantric rituals, philosophy, and their transformative potential. We'll unravel the secrets, decode the symbolism, and navigate the profound teachings that Tantra offers.

Consider this the opening chapter, a prelude to the wealth of knowledge and insights waiting to be unveiled in the following sections. Thank you for joining me on this enlightening adventure. Stay tuned for a more detailed and immersive exploration of the fascinating world of Tantra.

Warm regards,

Sami Giriraj.

Disclaimer

The book "

SECRETS OF TANTRIC PRACTICES

" is a compilation in the context of ancient Tantra Shastra, covering various topics suitable for spiritual practice and aspirants. The information presented in this book is intended solely for informative purposes and is an attempt to provide insights into the experiences of individuals or communities in their spiritual journey.

Please note:

1. This book is for informational purposes only and should not be taken as personal or spiritual advice.

2. Before attempting to follow any practice or method presented in this book, one should rely on their own understanding and experience.

3. The use of any practice or technique mentioned in this book should not be considered as legal or medical advice, and it should be used cautiously with prudence.

Read and follow this book with personal responsibility and discernment. It should not be used as a substitute for medical, therapeutic, or legal advice. This disclaimer may be subject to updates, and it is advisable to review it periodically.

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Yakshini, Bhairav Siddhi

Important information

The practitioner should be aware of the following points before starting the practice of Yakshini, Bhairav Siddhi. Those practitioners who do not adhere to these guidelines will find it impossible to attain success.

Holding onto Faith, Trust, and Intention.

Before commencing any practice, it is imperative for the practitioner to be wholeheartedly devoted, full of trust, and completely focused on the goal. Those practitioners who harbor doubts or lack determination towards the practice do not attain success. Therefore, the practitioner should refrain from initiating any practice if even a slight doubt exists in their mind regarding that particular practice.

Similarly, during the period of sadhana, the practitioner must be patient. Those practitioners who abandon their goals and courage due to the difficulties arising in the course of sadhana never attain success. It has often been heard and observed that due to being shaken by the challenges encountered during sadhana, practitioners have suffered physical or other types of losses. Therefore, unless the practitioner has the courage to face these challenges, they should not engage in any sadhana. (The path of tantric practices is said to be filled with dangers. Even a slight carelessness, negligence, mistake, or lack of courage can prove fatal for the practitioner.)

Jap and Pooja Procedure

In the presented text, brief procedures of chanting (Jap), worship (Poojan), and homa for the various practices that are described are provided alongside each practice. It is advisable for practitioners to acquire complete knowledge of the methods of chanting, worship, and homa used in any given practice before initiating the said practice.

The practitioner should acquire complete knowledge of the most comprehensive methods of chanting (Jap), worship (Poojan), and homa from an expert well-versed in ritualistic practices and tantra shastra. Without obtaining this knowledge, achieving success in the practice is deemed impossible.

What is Yakshini?

In Hindu scriptures, various species beyond human beings are mentioned, including deities, celestial beings, yakshas, kinnaras, nagas, rakshasas, pishachas, and others, which are considered prominent. The abode of these species, referred to as 'loka' (realm), is believed to be different from the earthly realm of human beings, with some residing in the sky and others in the netherworld.

The chief characteristic of these species lies in their inherent prosperity, meaning acquiring or providing something is a routine matter for them. These species themselves are endowed with various riches. When a human engages in the worship, homa, and ritual practices through mantra recitation associated with any of these species, those beings become capable of providing the desired objects to the worshipper. They are revered for bestowing blessings upon the worshipper and fulfilling their aspirations. This diverse ritualistic approach, including mantra chanting, is employed to invoke their satisfaction and attain desired objects, commonly referred to as achieving "siddhi" in popular terminology.

Yakshinis are beings belonging to a non-human species. They are the wives of males from the Yaksha species, and various powers are believed to be inherent in them. Different-named Yakshinis are considered to possess various powers, according to the acknowledgment of tantrics. Tantra practitioners engage in rituals involving different Yakshinis to achieve success in various tasks and fulfill different desires. Since the Yaksha species is considered to be long-lived, Yakshinis have been present since ancient times. They bestow blessings or provide desired objects to the adept on whom they become pleased.

About a hundred years ago, Yaksha worship was widespread in the Indian subcontinent. Now, in some northern regions, it is known as 'Yakhya.' The Archaeological Department has unearthed numerous ancient sculptures of Yakshas created in ancient times. Various ancient sculptures of Yakshas and Yakshinis can be observed in different archaeological museums across the country.

Some people consider Yakshas and Yakshinis as a subcategory of deities and goddesses, worshiping them accordingly. Their number is in the thousands.

What is 'Dasha Mahavidya?

The ten goddesses are as follows:

1. Kali
2. Tara
3. Mahavidya
4. Bhuvaneshwari

5. Bhairavi

6. Chhinnamasta

7. Dhumavati

8. Bagalamukhi

9. Matangi

10. Kamala

In various traditions, all these goddesses are considered different forms of the supreme deity, known by names such as Shiva, Durga, Parvati, or Lakshmi. The consort (husband) of all these goddesses is Lord Sadashiva. For the delight and satisfaction of devotees, the supreme goddess has assumed various forms on different occasions, and these forms are worshipped as the Dasa Mahavidyas through chanting, meditation, and rituals. All these forms of the Divine Mother are known to bestow blessings and fulfill the desires of her devotees. The worship of Shakti, the divine feminine power, has been a prevalent tradition in our country for centuries, and the followers of the 'Shakta' tradition worship these goddesses as part of their spiritual practice.

What is "Yogini"?

The origin of Yoginis is said to be from the sweat drops of the form of Kali, a manifestation of the powerful goddess Mahadevi mentioned in the Dash Mahavidya. When Mahadevi assumed the form of Kali to slay the demon named "Ghora," numerous Yoginis originated from the sweat drops that fell from her body during the act of slaying. These Yoginis reside in association with Goddess Bhagavati Kali and, being born from a part of Goddess Mahadevi, possess the power to

fulfill the desires of her devotees. Each Yogini is unique, representing specific qualities and abilities, and collectively, they are known as embodiments of power and fulfillers of the desires of devotees.

What is sayika?

Nayikas are also famous in the image of the same sub-species as Yakshinis.

What is Naagini?

As mentioned earlier, in the categories of non-human species, there is a mention of a species called "नाग" (Naag). They are believed to reside in a place known as "नाग लोक" (Nag Lok). The existence of Nag Lok is considered to be beneath the earth, close to the Patal Lok. Naginis are the females of this species. Naaginis are considered extremely beautiful and endowed with divine power. The tradition of serpent worship has been prevalent in our country for thousands of years and is still observed in various places. The worship of serpents is often regarded as symbolic reverence to the Nagas, the serpent-like beings.

Ancient sculptures of Nag deities are plentiful and can be observed in various archaeological museums throughout the country. Mentions of rulers from the Nag dynasty are also present in both scriptures and historical texts.

In the Nag community, it is said that they possess the capability to bestow desired blessings and materials upon devoted practitioners. Therefore, various rituals such as chanting mantras, practicing japa, and conducting homas are prevalent for worshiping them.

What are Bhootanam and others?

In various human sub-species, beings like ghosts, spirits, demons, Vetal, Dakini, etc., have been acknowledged since ancient times. All of them are considered followers of Lord Bhooteshwar Shiva. Their female counterparts are known as Bhootni, Pratini, Pishachini, Vetalini, and others, and they reside with Bhagavati Shiva.

Due to being followers and companions of Lord Shiva and Bhagavati Shiva, beings like ghosts and ghostesses, spirits and spiritesses, demons and demonesses, Vetals and Vetalas, Dakinis, Shankinis, etc., are endowed with divine powers. They are pleased with their devotees and have the capability to bestow them with desired blessings and possessions. Therefore, various mantras, yantras, chanting, rituals, and worship methods have been practiced and are prevalent for the accomplishment of their worship.

The practice of worshipping these entities has been prevalent in our country for thousands of years, and it is believed that those who gain favor with these beings receive the fulfillment of their desires and aspirations.

What are vidyas?

The dream vision, Madhumati, Padmavati, Mritsanjivani, etc., are also forms of Mahavidyas. In the practice of all these, various forms of worship are performed to the same primal power. Once mastered, these vidyas bestow the desired objects upon the practitioner.

What is Bhairav?

Bhairav is considered the primary servant of Lord Shiva and is regarded as his manifestation. He holds authority over other

attendants and followers of Lord Shiva, including Bhutapreta and other ganas. His origin is believed to be through the grace of Goddess Mahamaya. Essentially, he possesses power and strength similar to that of Lord Bhutanath Mahadev and Goddess Mahadevi.

Descriptions of various forms of Bhairav are found in the Puranas. Examples include Batuk Bhairav and Kaal Bhairav.

In the Nath tradition, introduced by Guru Gorakhnath, the worship of Bhairav is given special importance. Bhairav and Bhairavi are considered as the fundamental forces behind the creation, sustenance, and dissolution of this universe.

Bhairav, pleased with his devoted followers, possesses the capability to bestow desired boons and blessings. Consequently, the tradition of worshipping Bhairav has been prevalent in our country for centuries. Temples dedicated to Bhairav can be found in various regions of India, where regular worship and devotion are conducted. Ancient tantric scriptures also mention diverse methods of Bhairav worship, and traditional texts, in colloquial language, provide numerous ways to attain Bhairav Siddhi.

In connection with worship materials...

In the worship and ritual practices of Yakshinis, Bhairavis, Yoginis, Mahavidyas, etc., there is mention of the use of meat and alcoholic beverages in various places. Modern religious scholars, emphasizing devotional worship, condemn the use of meat and alcohol in these practices. In their view, these items are impure and promote violence and sin. Here, we do not find it necessary to delve into their arguments. In summary, it can be said that the tantric rituals mentioned in tantric scriptures are performed by practitioners who have a different perspective. Those who have an interest in using these substances should delve into tantric practices. However, we do not endorse or encourage the use of these substances. It is essential for

individuals to decide their approach based on their beliefs. These practices are dependent on these substances, and those interested should not rush into tantric practices without a thorough understanding. We have briefly mentioned the practices without endorsing any specific viewpoint. Aspirants should start any practice with careful consideration, keeping in mind their beliefs. It is crucial to note that any practice against the inner voice of the self does not yield fruitful results.